

	INSTITUCION EDUCATIVA LA PAZ		Código: GPP-FR-20
	GUÍA DE AUTOAPRENDIZAJE: PLAN DE MEJORAMIENTO DE PERIODO		Versión: 01
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Área o asignatura	Docente	Estudiante	Grado	Fecha de entrega	Periodo
Inglés	Jacquelin C. Guerra		10°	9 de junio	Segundo

¿Qué es un refuerzo? Es una actividad que desarrolla el estudiante adicional y de manera complementaria para alcanzar una o varias competencias evaluadas con desempeño bajo.	Estrategias de aprendizaje Realizar actividades de autoaprendizaje sobre los siguientes temas: • Modals • Condicionales (Cero, I y II) • Expresiones para describir condiciones • Deportes extremos • Sedentarismo. • Tribus urbanas (piercings, tatuajes, prendas de vestir, etc.) • Costumbres.
Actividades de autoaprendizaje: Observación de videos, lecturas, documentos, talleres, consultas. *Los cuadernos desatrasados no constituyen evidencia de aprendizaje	

Competencia	Actividades	Entregables	Evaluación
• Intercambiar información sobre temas relacionados con el entorno social usando todos los tiempos verbales. • Producir textos orales y escritos relacionados con situaciones comunicativas de la cotidianidad.	Consultar y observar los videos de clase correspondientes a cada temática; además, observar otros videos aquí adjuntos. • Modals https://youtu.be/9c6BwnU7Lqw https://youtu.be/UxZLN-ssOjM • Conditionals https://youtu.be/UxZLN-ssOjM https://youtu.be/hT5PWuuxaKM https://youtu.be/61Oou-WbGfQ	El taller se encuentra aquí debajo y consta de 4 páginas. Debe desarrollar completamente el taller y enviar por correo electrónico en un único archivo de word o PDF. Plazo máximo: miércoles 9 de junio.	Todos los estudiantes deben entregar el taller totalmente completado para el miércoles 9 de junio. Taller que esté incompleto será calificado como NO APROBADO.

*Para los videos, observe los videos y haga una lista de los temas y subtemas desarrollados en cada uno. Si en un video se desarrollan ejercicios o problemas, transcribalos a una hoja de bloc e indique el tema al que corresponden. Para los talleres, resuelva los ejercicios, problemas o preguntas en una hoja de bloc, indicando procedimiento o argumentos las preguntas hechas por los docentes. Para los resúmenes, utilice herramientas diferentes al texto, pueden ser flujogramas, mapas mentales, mapas conceptuales. La presentación de los trabajos debe ser ordenada y clara. Para la sustentación del trabajo, debe presentarla puntualmente como se lo indique el docente.

	INSTITUCION EDUCATIVA LA PAZ	GRUPO: 10° - _____
	PLAN DE MEJORAMIENTO <u>PRIMER PERIODO</u>	FECHA: June _____, 2021
	NOMBRE DEL ESTUDIANTE: _____	DOCENTE: Jacquelin C. Guerra
ÁREA Y/O ASIGNATURA: Inglés		

IMPORTANTE:
TALLER QUE NO ESTÉ COMPLETAMENTE DILIGENCIADO, NO SERÁ CALIFICADO.
EL TALLER DEBE ENVIARSE POR CORREO ELECTRÓNICO a
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INSTRUCCIONES:
En un **SOLO archivo** de word o PDF deberás realizar las actividades o adjuntar cada una de las fotografías o evidencias que correspondan a las actividades que realizamos en el periodo.

ACTIVITY 1:

According to reading: “Social practices, rituals and festive events” answer next questions

- What do cultural practices refer to?
- Why Social practices, rituals and festive events are significant?
- Mention some forms of Social Practices, rituals and festive events and compare them with other countries.

Think about the synonym of these words

- Culture
- Social
- Events
- Identity
- Community
- Celebrations
- Rituals
- Legal
- Measures
- Resources

ACTIVITY 2 ·

- Elaborar un esquema, o cuadro comparativo, o cuadro sinoptico, o mapa conceptual, o mapa mental, o diagrama, o algoritmo u otra forma “gráfica” con la cual usted pueda resumir y comprender mejor los modales trabajados hoy.

*Hacerlo preferiblemente a mano.

ACTIVITY 3 – Match the name of the Extreme Sports awith the image:

- Skateboarding
- BMX Racing
- Rock climbing
- Skydiving
- Snowboarding
- Mountaineering
- Paragliding
- Scuba diving
- Rafting
- Bungee jumping



ACTIVITY 4: CONDITIONALS

Complete the exercises

Complete the sentences by making Zero Conditional statements.

- 1. If I am late for class, _____
- 2. People get hungry _____
- 3. If you study hard, _____
- 4. I don't do my homework _____
- 5. He always smiles _____
- 6. If I miss the bus, _____
- 7. If tea tastes sweet, _____
- 8. I always take my umbrella _____

Match the sentences. Put the correct number in the spaces – First conditional

- | | |
|---|--------------------------------------|
| 1. If you turn on the electric heater, ____. | a) if you put the light on |
| 2. You won't get wet ____. | b) if you take an umbrella today |
| 3. If you ask the teacher about the grammar you don't understand, ____. | c) if you use a map |
| 4. You won't get lost ____. | d) you won't feel lonely |
| 5. If you buy a cat or a dog, ____. | e) you'll feel better in the morning |
| 6. You'll see better ____. | f) you'll feel warmer |
| 7. If you go to bed earlier, ____. | g) you'll pass the exam |

Complete the sentences to have sense using Second Conditional

- 1. She would practice bungee jumping If _____
- 2. If you wanted to ride a bike off the road, _____
- 3. If you wanted to climb to the top of high mountains, _____
- 4. He would win the car racing If _____
- 5. If I were you, _____
- 6. If people paid more attention to coronavirus COVID-19 quarantine norms, _____

ACTIVITY 5

☉ Create a conditional sentence with each one of the expressions (unless, even if, provided, only if)

- 1. _____
- 2. _____
- 3. _____
- 4. _____

ACTIVITY 6 - URBAN TRIBES

Urban tribes

"Urban tribes are groups with common interests and preferences. The members of these micro groups have similar worldviews, dress styles and behavioral patterns. They listen to the same music, they share the same ideology, and they talk in the same way."



1. What urban tribes do you know? Tick them.

Emos	Floggers	Skaters	Rollingas	Hip-Hoppers	Hippies	Punks	Rockers	Darks	Pokemones

Examples of Urban Tribes

Nerds nerd= socially inept)

They are members of the "digital culture". They love computers and communicate on the internet with other members of their community. They've got all the software and they are very competitive. They use special language when they communicate with their friends on the net.

Punks

Punks wear mostly black, red or white clothes. They often listen to punk/emo/ heavy or metal music. They don't care what other people think of them. Punk is more than just music; it has a deep philosophy, based on anarchist political views and liberation

Goths

They have their own music, fashion, literature, and philosophy. They love black clothes, and make up. Goths look depressed but they enjoy their lifestyle. Goth literature includes dark poetry and fiction with topics like "Nobody can feel love intensely as I do"

2. Based in what you've read. Say if the statements are TRUE (T) or FALSE (F) and correct the ones that are not right.

- a- Urban tribes are small groups of people with different ideas, and opinions about life, music, and clothing. ()
- b- Nerds adore technology and they have their own way to communicate with their partners. (...)
- c- Goths don't wear make-up. ()
- d- Punks and Goths dress similarly. ()
- e- Nerds like dancing, and going out with friends. ()

ACTIVITY 7 – CUSTOMS





Look at the images and answer the questions with complete and coherent sentences – Observa las imágenes y responde las preguntas con oraciones completas y coherentes (en inglés).

1. What traditional clothes do people in your country wear?
2. Are there different clothes for everyday and for celebrations or holidays?
3. Look at the pictures. Why do you think these people in these cultures dress the way they do? Why do some wear brightly colored clothes, or cover their heads, etc?
4. What do you think about tattoos? Green hair? High heels? Body piercings?

Conversation Card: Traditional Clothing

5. Do you have a favorite item of clothing or color of clothing you like to wear?

ACTIVITY 8 - SEDENTARY LIFESTYLE

Cultural and social practices: Sedentary lifestyle

A **sedentary lifestyle** is a type of lifestyle involving little or no physical activity. A person living a sedentary lifestyle is often sitting or lying down while engaged in an activity like reading, socializing, watching television, playing video games, or using a mobile phone/computer for much of the day. A sedentary lifestyle can potentially contribute to ill health and many preventable causes of death. The scientific community is now referring to the ill-effects of an overly sedentary lifestyle or referring to conditions that increase your risk of heart disease, stroke, or diabetes, called "Sitting Disease". So, here you have 6 tips to prevent this disease.

6 TIPS TO PREVENT SITTING DISEASE

1. Set a timer.

If you work at a **desk**, you **probably** sit for more than six hours **a day**. **Set** a timer every hour. Get up, stretch, **and move** around **for** about ten minutes every hour.

2. Park far away.

Do you commute to work or **school**? **If yes, you** probably sit for up to ten hours **per day**! **Park** far away from your workplace or **school**, and leave your lunch in the car so that you have to **go and** get it halfway through your day.

3. Meet and move.

Can you walk or even jog while you're in a **meeting**? If your meeting is online, can you stand up **and** talk? If you don't have meetings, choose a different time to stand, such as while reading email or while proofreading documents.

4. Perfect your posture.

Sitting for prolonged periods of time can affect your posture. Try not to slouch while you are at your computer. Make sure your feet are flat on the ground and your arms make an L shape. Put a reminder note near your desk that tells you to check your posture.

5. Avoid the couch.

Do you move from your office chair or desk to your couch? Many people spend hours every evening lounging in front of the TV. Find ways to stay active while your favorite shows are on. Stretch, do yoga, **or** run on the spot.

6. Be mindful of moderation.

Our bodies were designed to move, which means **that doing** one thing for too long is not good for **us**. This includes standing, lying down, exercising, and **especially** sitting. Remind yourself that you can **prevent heart** disease, obesity, and fatigue **by keeping your body** moving.

Tomado y adaptado de <https://winningfitnessgoals.com/sedentary-lifestyle-solutions/> and <https://esllibrary.com/courses/95/lessons/1849/> únicamente para usos educativos

ACTIVITY 7:

Do a little research about posture. Create your own list about perfecting one's posture.

5 TIPS FOR PERFECTING YOUR POSTURE

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

NO ENVÍE EL TALLER SI NO ESTÁ COMPLETO, lea atentamente las instrucciones, si tiene dudas puedes contactarse por el chat de TEAMS o al correo jacquelin.guerra@envigado.edu.co, cuando envíe el taller, cerciórese de recibir la respuesta que el taller fue recibido, de lo contrario, revise que haya escrito el correo bien.